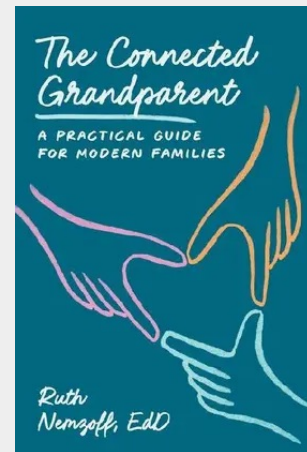


The Connected Grandparent

A Practical Guide for Modern Families

A practical guide to staying close as you, your grandchildren, and their parents grow and change. Grandparenting has never been a static role, and in today's rapidly changing world, it requires flexibility, creativity, and understanding. In *The Connected Grandparent*, family scholar Ruth Nemzoff, EdD, offers a practical, compassionate guide to building strong relationships with grandchildren at every stage of life. Rather than leaning on sentimental notions of grandparenthood, Nemzoff offers a practical and compassionate approach that recognizes how relationships between grandparents, parents, and grandchildren grow and change over time. Organized around the stages of a grandchild's development, from infancy through adulthood, the book explores the opportunities, joys, and challenges that emerge as families evolve. Nemzoff discusses topics such as long-distance relationships, blended families, cultural and religious differences, changing social norms, technology, and the lasting lessons of the pandemic. Drawing on wisdom from developmental psychology, family studies, decades of professional experience, and the stories of hundreds of grandparents, she shows how understanding change can transform relationships into deeper connections. At a time when loneliness and social isolation affect people across generations, *The Connected Grandparent* offers a hopeful and practical vision of family life that takes into account the values and goals of everyone involved. Filled with relatable examples, thoughtful guidance, and concrete strategies, this helpful book helps grandparents strengthen family bonds, navigate difficult transitions, and create relationships that endure across decades.

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