Buckingham

A Taste for Change

How to Build a Food Bank Free Future

Food banks are an increasingly normal part of life in the UK, but it doesn’t have to be this way. Tackling themes including rising living costs, employment, and the relationship between poverty and mental and physical health, A Taste for Change makes the case for a food bank free future and sets out what it will take to get there. Drawing on personal stories and statistical data from across and beyond Trussell's community of food banks, it asks what it would look like to act decisively on a belief that most of us hold: namely, that everyone matters.

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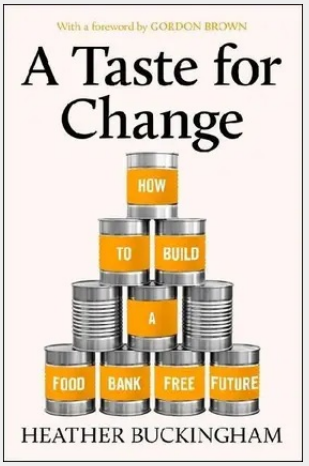

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