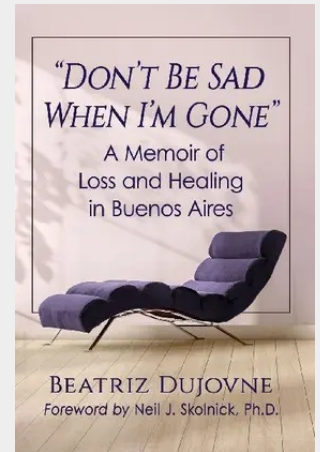


"Don't Be Sad When I'm Gone"

A Memoir of Loss and Healing in Buenos Aires

The monumental sense of dislocation we experience after losing a loved one can be life-altering. There is no script for grieving--each individual passes through their own phases of mourning. In this personal narrative, psychologist Beatriz Dujovne documents how she grieved the loss of her husband and sought therapy during an extended stay in her hometown of Buenos Aires, Argentina. Recounting her healing process day-to-day, from shock through recovery, this book traces her navigation of the uncertainty and devastation that often engulfs those who have suffered profound loss.

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