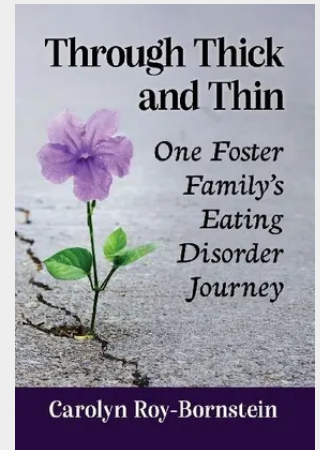


Through Thick and Thin

One Foster Family's Eating Disorder Journey

Pediatrician Carolyn Roy-Bornstein and her husband had a comfortably empty nest after their sons had grown and flown. Soon after, Carolyn noticed that two of her patients struggled after their father died of cancer and their mother became too mentally ill to care for them. As a result, they were both placed in foster care, where one developed a severe eating disorder and the other began self-harming. In a leap of faith, Carolyn and her husband opened their home to these sisters and became their foster parents. Carolyn, despite being a doctor, was unprepared for the harsh realities of severe anorexia, depression and grueling treatment. She had worked as a pediatrician for the Department of Children and Families for years, but still was not equipped for the bureaucratic struggles she would face to save her youngest foster child from a brutal eating disorder. This book outlines the struggles of a fledgling foster family who, despite all odds, remains devoted to one another throughout the healing process.

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