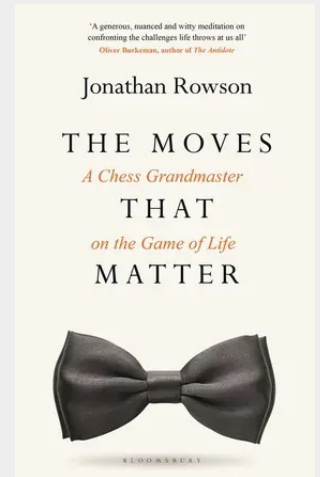


Rowson

The Moves that Matter

A Chess Grandmaster on the Game of Life

From Grandmaster and three-time British Chess Champion, a passionate exploration of what it means to find fulfilment and lasting value in life. Chess is just a game in the way that the heart is just a muscle. Long known as a cut-throat metaphor for warfare or business, this ancient game of strategy and self-discipline is revealed to be a singularly powerful metaphor for the challenges, thrills, and set-backs that invest our daily lives with meaning and complexity. Jonathan Rowson's competitive success as a Grandmaster and work as an applied philosopher have given him a unique perspective on why the game of chess is more important than ever for understanding the conflicts and uncertainties of the modern world. In sixty-four witty and addictive vignettes, Rowson takes us on an exhilarating tour of his 'lessons for the game of life', from the psychology of gang violence, to the aesthetics of cyborgs, the beauty of technical details, and the final endgame of death itself. Chess emerges as a rich and endlessly suggestive way of thinking about the desires that shape the world around us. *The Moves That Matter* celebrates the redeeming power of intense concentration, but it also offers a humane and compassionate account of how every individual exists as part of a wider community. Jonathan Rowson reveals, one move at a time, what it means to love or care deeply in the intricate game of life.



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