

Manage Your Time

Effective time management is essential at university. This handy guide gives you simple, practical and achievable advice on how to better utilise your time and successfully meet deadlines. - Identify ways in which you mismanage your time - Effectively plan both group and individual tasks and assignments - Successfully balance academic and other life priorities. Super Quick Skills provides the essential building blocks you need to succeed at university - fast. Packed with practical, positive advice on core academic and life skills, you'll discover focused tips and strategies to use straight away. Whether it's writing great essays, understanding referencing or managing your wellbeing, find out how to build good habits and progress your skills throughout your studies. - Learn core skills quickly - Apply them right away and see results - Succeed in your studies and in life Super Quick Skills gives you the foundations you need to confidently navigate the ups and downs of university life.

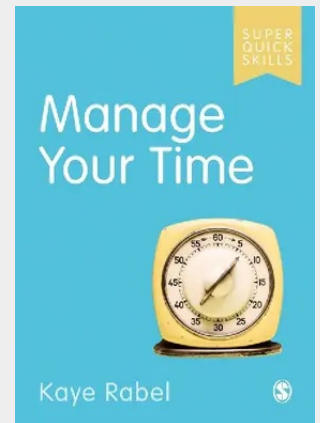
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