

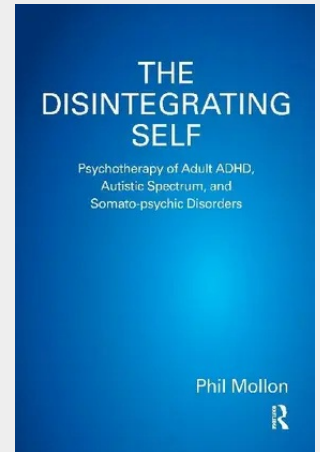
Mollon

The Disintegrating Self

Psychotherapy of Adult ADHD, Autistic Spectrum, and Somato-psychic Disorders

This book argues mainly that attention deficit hyperactivity disorder (ADHD) and related autistic spectrum conditions reflect states of impaired self-regulation and of enhanced need for regulatory assistance from other people. It is useful and helpful for those who personally struggle with ADHD.

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