

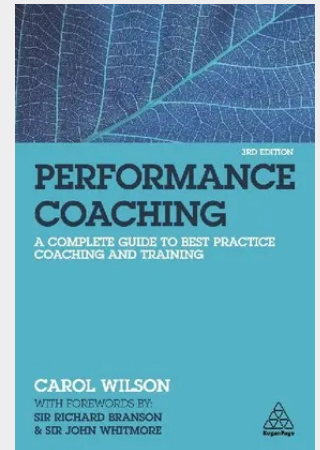
Wilson

Performance Coaching

A Complete Guide to Best Practice Coaching and Training

Performance Coaching is a complete resource for improving organizational and employee performance through coaching. Full of tips, tools and checklists, it covers all the fundamental elements of the coaching process, from developing the skills needed to coach effectively, to coaching in leadership, manager-as-coach training, cross-cultural coaching and measuring return on investment. It explores the key techniques and models in the field to allow readers to identify which approach is most suited to specific situations. Featuring case studies from organizations including Virgin, IKEA, the NHS and England Rugby showing how effective coaching approaches have been applied in practice, this book is for coaches of all levels of experience, as well as HR managers and leaders looking to embed a coaching culture in their organizations. This revised third edition of **Performance Coaching** has been updated to include the latest insights and developments and contains new chapters on creating a global coaching culture, the coaching-mentoring-managing continuum and how to lead a generative thinking meeting. New material also covers distance coach training, neuroscience in coaching, coaching the bully at work and coaching in education.

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