Information Science Reference

Coaching Applications and Effectiveness in Higher Education

Coaching has become such a ubiquitous concept that it can connote any professional practice for empowering people and unlocking their potential to make the most of their performance and achieve their goals. This can be accomplished by establishing collaborative relationships between the coach and coachee (the person being coached) based on the effective communication and professional skills of the coach, which include the ability to create a safe environment, ask effective questions, pay attention, listen actively, keep an open mind, stay non-judgmental, paraphrase, challenge, and give and accept constructive feedback while remaining respectful. The higher education sector is one of the key areas that can benefit from adopting coaching practices. Coaching Applications and Effectiveness in Higher Education provides relevant applications of coaching and their effectiveness within the sector of higher education. This branches out to teaching and learning and involves students, staff, and staff development. Chapters include information on coaching models, coaching in blended environments and with technology, coaching effectiveness, and coaching equity. This book is ideal for researchers working in the field of coaching and higher education in different disciplines, coaches, HR and management, policymakers, researchers, academicians, and students who want to improve their understanding of where coaching can be applied in higher education and its effectiveness.

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