

Quo Vadis?

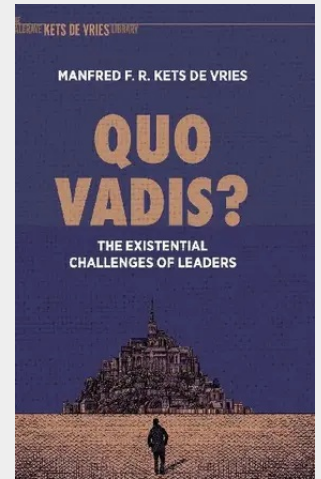
The Existential Challenges of Leaders

Written at a time of global pandemic, when we have been forced to confront age-old existential questions—Why are we here? Where are we going?—perhaps for the first time, *Quo Vadis?* is extraordinarily relevant to leaders, managers and anyone who wants to bring meaning and authenticity into their work and life. Manfred Kets de Vries argues that we need to address these fundamental and disturbing questions if we are to live fully and meaningfully. Too many people wake up on a Monday morning and do the same things they have done every Monday. They go to work and function on autopilot without questioning their purpose. But how can we make sure our lives are rich and fulfilling? How do we know we're on the right track?

This is a book about death and the fear of death, about angst and absurdity; but it is also about endurance, honesty, well-being, responsibility, living with hard truths, creating meaning—and happiness.

Quo Vadis? makes us look full on at the things we prefer not to see. It is a short book that pulls no punches but is far from bleak. Instead, Kets de Vries shows that our life is enriched, and our ability to make meaning and find happiness is increased, when we acknowledge the inevitable price we have to pay for knowing our own mind and understanding our inevitable end.

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37,44 €

34,99 € (zzgl. MwSt.)

Lieferfrist: bis zu 10 Tage

Artikelnummer: 9783030666989

Medium: Buch

ISBN: 978-3-030-66698-9

Verlag: Springer

Erscheinungstermin: 12.03.2021

Sprache(n): Englisch

Auflage: 1. Auflage 2021

Serie: The Palgrave Kets de Vries Library

Produktform: Gebunden

Gewicht: 360 g

Seiten: 105

Format (B x H): 160 x 241 mm

