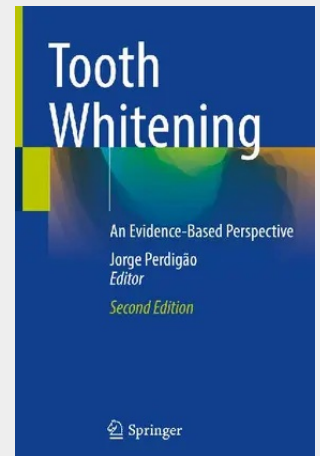


Tooth Whitening

An Evidence-Based Perspective

This book, now in an extensively revised second edition, reviews the evidence relating to the mechanisms, clinical efficacy, safety/toxicity, and clinical application of tooth whitening techniques and materials. All clinical techniques are profusely illustrated step by step. The book is divided into four parts, the first of which explains how tooth whitening with peroxides works and examines the overall safety of peroxides and potential complications. The findings of clinical trials with peroxide-based materials for clinical practice are then examined, with discussion of a wide range of issues in at-home whitening and in-office whitening. The third part focuses on the techniques of enamel microabrasion and resin infiltration, which entail removal of a microscopic layer of enamel and may be used to improve tooth color either alone or in combination with peroxides. The concluding part includes a variety of informative clinical cases using combined bleaching and restorative techniques for discolored teeth. *Tooth Whitening — An Evidence-Based Perspective* will be of interest for dentists, dental hygienists, dental assistants, and others with an interest in the subject.

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