

Simpson

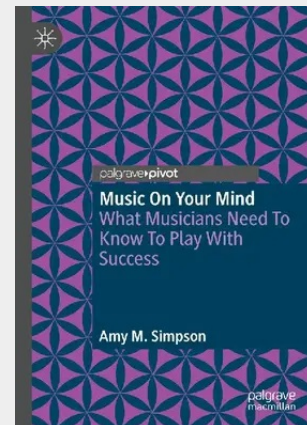
Music on Your Mind

What Musicians Need to Know to Play with Success

This book provides musicians, students, and teachers a practical guide for optimal music learning, practice, memorization, and performance by the application of modern neuro-music research. Uncover the best, scientifically researched techniques, supported by researchers and musicians alike, that will empower you to learn thoroughly, practice optimally, and perform at your best.

Do you know how people learn? Do you know how people improve motor-skills for playing an instrument? Do you know how to focus attention and stay motivated? Discover the essential answers you need to revitalize and optimize your daily work as a musician. By applying the best methods and knowing why they work, you, too, can create successful practice routines with positive, rewarding, results. Know the best techniques for preparing expert music performance. Learn how to play with success!

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