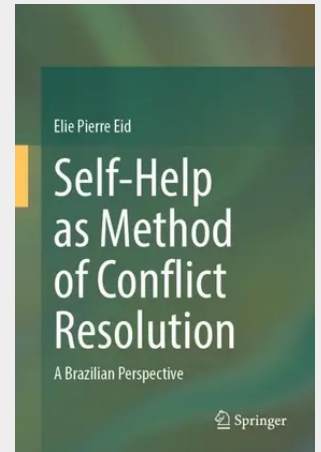


Self-Help as Method of Conflict Resolution

A Brazilian Perspective

This book examines the self-help in contemporary society. The aim is to demonstrate the misconception of associating self-help only with physical violence, illegality or seeing it as a mere instrument for the stronger to overpower the weaker. For some years now, the subject has been receiving a significant attention, with the emphasis being placed on the need to protect rights unilaterally. To give the reader an idea of its importance, it is difficult for anyone not to suffer or fail to practice self-help in their daily lives, often without realizing it. Several examples could explain not only this reality, but above all the relevance of studying the subject. However, one is enough: the growth of self-regulated environments, notably social networks and digital platforms, has brought about intense transformation in the lives of people, companies and public institutions, and much of the governance of these environments depends on self-help, such as restricting speech freedom, blocking profiles that disseminate illegal content or false information, etc. The growing concern with the means of conflicts resolution highlights the need to understand the role of self-help in contemporary times, especially in order to overcome many myths that still surround it and to define its limits within the Rule of Law.

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