

Climate Resilience Guide for Social Workers

This compact book is a guide for social workers and social work students to integrate climate resilience and adaptation into their work in order to cope with a degenerating climate and increasing vulnerability. It is a forward-looking, practical, and ethically grounded manual designed to prepare social workers for the escalating challenges posed by climate change and societal instability. It explores how climate breakdown reshapes both the profession and its foundational mission -- supporting the most vulnerable.

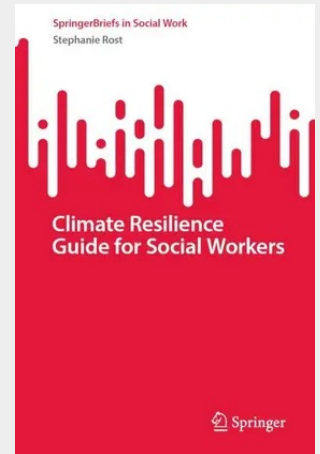
Drawing on climate science, social work theory, and frontline practice, the book addresses how warming, extreme weather, resource scarcity, and even societal collapse could transform who is considered vulnerable, how services are delivered, and what new roles social workers may need to adopt. It guides readers through understanding the most realistic future scenarios, and what those mean for practice on the ground.

The book emphasizes building both personal and professional resilience, helping social workers not only survive but also lead with clarity and care in a world of uncertainty. Chapters include practical tools for assessing local risks, cultivating emotional and psychological strength, ensuring food and service continuity, and acting ethically in crisis conditions. Among the topics covered are:

- Reimagining Prevention: Integrating Climate Adaptation into Everyday Social Work Practice
- How the Natural World Fits into Social Work Climate Resilience
- Risk Assessment in Practice
- Practising Social Work Amid Societal Breakdown
- Maintaining Mental Health amid Ongoing Eco-Anxiety and Climate Grief: Being the rock in the stream

With a focus on justice, community care, and adaptive thinking, ultimately empowers social workers to act as stabilizing forces and advocates in their communities -- prepared not just to respond to climate-driven disruption, but also to shape a more compassionate and resilient future. The book is an essential resource for social work practitioners, students, and educators.

This compact book is a guide for social workers and social work students to integrate climate resilience and adaptation into their work in order to cope with a degenerating climate and increasing vulnerability. It is a forward-looking, practical, and ethically grounded manual designed to prepare social workers for the escalating challenges posed by climate change and societal instability. It explores how climate breakdown reshapes both the profession and its foundational mission -- supporting the most vulnerable. Drawing on climate science, social work theory, and frontline practice, the book addresses how warming, extreme weather, resource scarcity, and even societal collapse could transform who is considered vulnerable, how services are delivered, and what new roles social workers may need to adopt. It guides readers through understanding the most realistic future scenarios, and what those mean for practice on the ground. The book emphasizes building both personal and professional resilience, helping social workers not only survive but also lead with clarity and care in a world of uncertainty. Chapters include practical tools for assessing local risks, cultivating emotional and psychological strength, ensuring food and service continuity, and acting ethically in crisis conditions. Among the topics covered are: - Reimagining Prevention: Integrating Climate Adaptation into Everyday Social Work Practice - How the Natural World Fits into Social Work Climate Resilience - Risk Assessment in Practice - Practising Social Work Amid Societal Breakdown - Maintaining Mental Health amid Ongoing Eco-Anxiety and Climate Grief: Being the rock in the stream With a focus on justice, community care, and adaptive thinking, Climate Resilience Guide for Social Workers



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