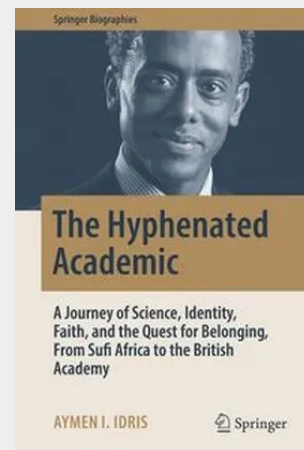


The Hyphenated Academic

A Journey of Science, Identity, Faith, and the Quest for Belonging, From Sufi Africa to the British Academy

This is the story of a scientist who never chose to be an academic, only to fall in love with research. In *The Hyphenated Academic*, Aymen I. Idris, P.hD. traces his unlikely path from a childhood epiphany in a Sudanese Sufi ceremony to pioneering discoveries in cannabinoid research, the founding of a university spin-out company, and a career crowned by papers in *Nature* and *Cell*. But the very institution that elevated him also drove him away. Disillusioned by the grant-capture mill, the new academic aristocracy, the tyranny of metrics, and the unintended consequences of equity, diversity, and inclusion policies, he staged an escape, not into silence, but into a global experiment on prejudice itself. Part memoir, part polemic, and part spiritual autobiography, this book oscillates between the laboratory and the Sufi courtyard, between the relentless pressure to publish and the quiet wisdom of a grandmother's stories. It delivers an unflinching insider's critique of contemporary higher education while examining the hyphenated identity of the migrant scholar—caught between faith and secularism, haunted by the unspoken hierarchies of accent and gesture, and searching for intellectual sovereignty and belonging in an institution that often mistakes conformity for excellence. Written with candour, wit, and unflinching honesty, *The Hyphenated Academic* speaks to every student who has felt like an imposter, every researcher whose curiosity is being strangled by bureaucracy, and every idealist who has ever loved an institution that did not love them back. It is, above all, a testament to the refusal to be reduced to a box, a label, or a single story.

This is the story of a scientist who never chose to be an academic, only to fall in love with research. In *The Hyphenated Academic*, Aymen I. Idris, P.hD. traces his unlikely path from a childhood epiphany in a Sudanese Sufi ceremony to pioneering discoveries in cannabinoid research, the founding of a university spin-out company, and a career crowned by papers in *Nature* and *Cell*. But the very institution that elevated him also drove him away. Disillusioned by the grant-capture mill, the new academic aristocracy, the tyranny of metrics, and the unintended consequences of equity, diversity, and inclusion policies, he staged an escape, not into silence, but into a global experiment on prejudice itself. Part memoir, part polemic, and part spiritual autobiography, this book oscillates between the laboratory and the Sufi courtyard, between the relentless pressure to publish and the quiet wisdom of a grandmother's stories. It delivers an unflinching insider's critique of contemporary higher education while examining the hyphenated identity of the migrant scholar—caught between faith and secularism, haunted by the unspoken hierarchies of accent and gesture, and searching for intellectual sovereignty and belonging in an institution that often mistakes conformity for excellence. Written with candour, wit, and unflinching honesty, *The Hyphenated Academic* speaks to every student who has felt like an imposter, every researcher whose curiosity is being strangled by bureaucracy, and every idealist who has ever loved an institution that did not love them back. It is, above all, a testament to the refusal to be reduced to a box, a label, or a single story.



42,79 €

39,99 € (zzgl. MwSt.)

vorbestellbar, Erscheinungstermin ca. Januar 2027

Artikelnummer: 9783032363725

Medium: Buch

ISBN: 978-3-032-36372-5

Verlag: Springer

Erscheinungstermin: 04.01.2027

Sprache(n): Englisch

Auflage: Erscheinungsjahr 2027

Serie: Springer Biographies

Produktform: Gebunden

Seiten: 200

Format (B x H): 155 x 235 mm

