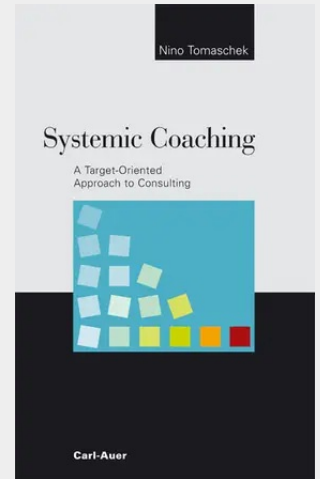


Tomaschek

Systemic Coaching

A Target-Oriented Approach to Consulting

Systemic-constructivist coaching incorporates the ideas and thoughts of constructivist epistemology and cybernetic systems theory and puts them into practice. This book provides an in-depth study of systemic-constructivist coaching and illustrates its practical relevance by following the Kiel Consulting Model. With its special outline of the consulting process, this book presents a detailed description of the approach to target and solution-focused coaching. It discusses the techniques, principles, and strategies in practice-related examples.



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