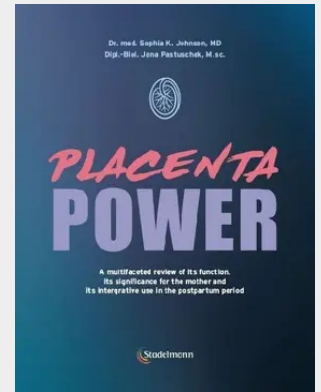


Placenta Power

A multifaceted review of its function, its significance for the mother and its integrative use in the postpartum period

Everything about the miracle organ: function during pregnancy, importance for the mother and integrative use as a remedy. The placenta is a true "all-rounder": it does amazing things for the child and mother during pregnancy. After birth it is used in many ways, including as a postnatal remedy. But how exactly does the placenta work? How does she care for and protect the child in the womb? And can it help with maternal mood swings or milk production problems after birth? The doctor Sophia Johnson and the biologist Jana Pastuschek are scientifically working on this complex miracle organ. They examined hormones, trace elements and microorganisms in the human placenta to get to the bottom of the question: Is this the miracle pill for the postpartum period? In this book, the authors present the latest research results. They introduce the placenta universe in an entertaining and understandable way and name medical, historical and curious facts. They address the topic of placentophagy (placenta consumption) in detail and provide practical tips and recipe suggestions from placenta capsules to smoothies. From a medical-scientific perspective, this presentation is supplemented by reports from women who have used their placenta as a medicine.



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