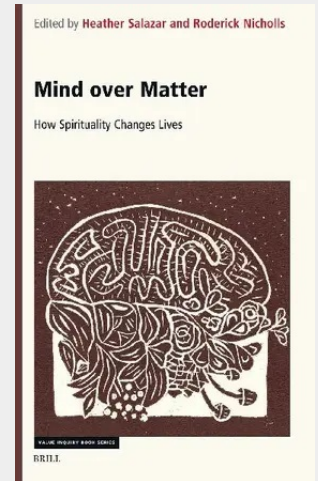


Mind over Matter

How Spirituality Changes Lives

Mind over Matter is an interdisciplinary collection of essays exploring how spirituality changes lives in a variety of ways. Unlike much philosophically rooted literature on spirituality, it encourages an understanding of what can be achieved through faith, belief, and self-confidence, without reliance on specific (or, necessarily, any) religious doctrines or views. From theistic, non-theistic, or atheistic perspectives each chapter addresses a distinctive phenomenon, for example, spirituality and healing, spirituality and art, spirituality and running, and spirituality as a response to disaster. Not only do they integrate the results of scientific research and other intellectual investigations to illuminate accomplishments, and sometimes possible sources of failure, but they are also written by academics with practical experience in relevant areas, or at least informed by ideas of practitioners.

Mind over Matter is an interdisciplinary collection of essays exploring how spirituality changes lives in a variety of ways. Unlike much philosophically rooted literature on spirituality, it encourages an understanding of what can be achieved through faith, belief, and self-confidence, without reliance on specific (or, necessarily, any) religious doctrines or views. From theistic, non-theistic, or atheistic perspectives each chapter addresses a distinctive phenomenon, for example, spirituality and healing, spirituality and art, spirituality and running, and spirituality as a response to disaster. Not only do they integrate the results of scientific research and other intellectual investigations to illuminate accomplishments, and sometimes possible sources of failure, but they are also written by academics with practical experience in relevant areas, or at least informed by ideas of practitioners.



160,50 €

160,50 € (zzgl. MwSt.)

*vorbestellbar, Erscheinungstermin ca.
Februar 2027*

Artikelnummer: 9789004714441

Medium: Buch

ISBN: 978-90-04-71444-1

Verlag: Koninklijke Brill BV

Erscheinungstermin: 27.02.2027

Sprache(n): Englisch

Auflage: Erscheinungsjahr 2027

Serie: Value Inquiry Book Series /
Philosophy and Religion

Produktform: Gebunden

Gewicht: 662 g

Seiten: 334

Format (B x H): 155 x 235 mm

