

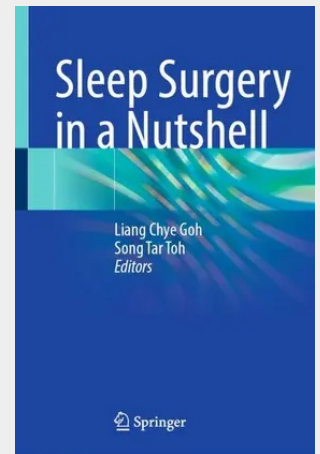
Sleep Surgery in a Nutshell

The book offers a clear, practical roadmap through the evolving landscape of sleep surgery. Designed for sleep surgeons, practicing otolaryngologists, ENT trainees and postgraduate examinees, this concise guide distills complex procedures into structured, actionable insights that support confident decision-making and precise execution. It covers the full spectrum of sleep-related surgical interventions, from nasal and palatal techniques to tongue base, skeletal, robotic, and neurostimulation procedures. It emphasizes clinical reasoning, patient selection, and perioperative care. Each chapter delivers a focused summary of operative steps, expected outcomes, and potential complications, making it an ideal quick-reference companion in both training and practice.

The book bridges the gap between detailed atlases and clinical guidelines, offering clarity and streamlined framework that transforms intricate surgical concepts into practical guidance. It equips the readers with a comprehensive toolkit for better planning, safer procedures, and more predictable results. It's a trusted guide for mastering one of otolaryngology's most rapidly advancing subspecialties.

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